

KSGCC Pool
Pool Rules -2013
Pool Number 610-444-5239 X119

General Pool Rules

- No running on deck.
- No diving in the shallow end.
- No hanging on the basketball rim.
- When pool is crowded, no small balls in the pool.
- No food or drink items in the pool.
- 4-square or wall ball not allowed.
- Children over 6, not allowed in baby pool.
- No climbing on the walls or lifeguard equipment.
- No hanging on deep end rope or lane lines.
- **Please obey the lifeguards at all times.**

Swimming test

- One width across on stomach
- One width across on back
- Treading for 2 minutes without stopping
- Swimmer must complete all to pass, don't be nice

Diving Board Rules

- No back flips (back dives allowed).
- No reverse or inward dives.
- Person on the board **MUST** wait until the person in front of them is at the ladder.
- Only **ONE** bounce on the board.
- **ONE** person on the board at a time.
- Children under 10 must have swimming band to be in deep end.
- Children under 10 with no swim band may go off if an adult is supervising in the water.

Floation Devices

- Only approved flotations are allowed.
- NOT ALLOWED
 - inner tubes
 - arm swimmies
 - noodles
 - kickboards
 - backpacks
- ALLOWED

- vests – also available in the swim office
- swimsuits with floats inside the suit

Basketball Rules

- No hanging on the rim.
- Must shoot the ball from inside the pool.
- No shots allowed past lifeguard chair in shallow end.
- No dunking or rough play.

Whistle signals

- 1 quick blow enforce pool rule
- 2 quick whistle blows – get attention of another guard
- One long blast clear the pool/Emergency situations

1st Aid

- First aid kit located in pool office.
- When blood is present, wear gloves for protection.
- Do not give pain-relieving medicine to children unless parent has given approval.
- If someone receives major first aid, fill out incident report located in the black filing cabinet in the office.

Emergency Procedures

If emergency situation occurs:

- Guard who witnesses emergency clears pool with one long whistle blast.
- Other guard on duty helps clear pool as primary rescuer attends to victim. Guard in office gathers information from primary guard.
- Guard in office calls 911 and gives details to operator:
 - Location of pool (100 East Locust Lane Kennett Square)
 - Description of emergency
 - age of victim
 - type of emergency/injury
 - conscious or not
 - type of care given already
- If backboard is needed, office guard(s) will bring any equipment needed. AED device located in clubhouse.
- Primary guard directs other guards
- Any attempts to put victim on board should be done in shallow end.
- Give any first aid that is needed.
- Guard who called 911 should stand outside gate to greet EMS.
- Fill out incident report within one day of incident.